



Data Sheet

TriZetto® TranZform® Digital Therapeutics

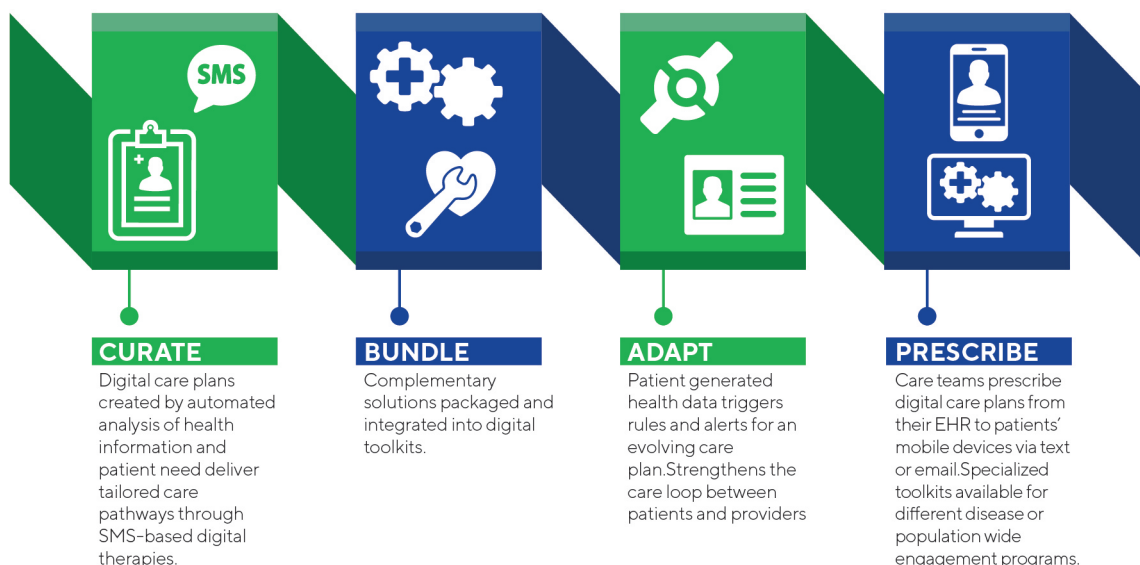
Digital Therapeutics for Improved Clinical Outcomes & Patient Engagement

Advances in technology allow healthcare providers to engage with patients in ways that improve clinical outcomes, real-time diagnosis, and treatment, while creating a simplified, patient-focused clinical journey to better health.

The TriZetto® TranZform® Platform integrates healthcare data and makes the information

actionable through real-time, automated interactions between systems. This data feedback loop creates a linked system with current, relevant information about every patient. TranZform® Analytics provides insights into the expenditures and costs of the entire patient population, which empowers providers to administer

PERSONALIZED HEALTHCARE ENGAGEMENT



automated digital health outreach programs that decrease medical costs while increasing patient engagement.

TranZform Digital Therapeutics Patient Journey

TranZform® Digital Therapeutics solution, built in partnership with Rx.Health, allows providers to access and distribute critical clinical information to patients as part of digital care plans that extend beyond the hospital. Powered by the TranZform® Platform, the solution connects existing systems like claims and clinical, then automates delivery of relevant engagements into procedure and disease-specific digital toolkits that lay the foundation for long-term patient care pathways. These care pathways are utilized within traditional clinical workflows, removing patient engagement burdens for clinicians.

Digital Therapeutics Care Plan

The Digital Therapeutics care plan is implemented using predictive analytics to identify high-risk, high-cost patients. Once identified, the care plan automates the outgoing communication process to ensure patients are contacted prior to exacerbation of chronic or acute conditions. Healthcare providers access the Digital Therapeutics care plan through the organization's existing clinical workflow, including the Electronic

TranZform® Digital Therapeutics solution utilizes **real-time engagement** for a **seamless and interactive** patient journey.

Health Record (EHR), resulting in an experience that is seamless for medical staff. Thanks to the full EHR integration, patients can participate in long-term care plans designed to improve their health and wellness while decreasing medical costs.

Personalized Care for Chronic, Acute and Preventative Conditions

Deliver personalized care to patients managing chronic and acute conditions and undergoing preventative care through effective and engaging digital therapies, tailored to individuals and delivered in real-time. For more information about how to TranZform Digital Therapeutics lowers costs, increases engagement and improves outcomes, visit www.cognizant.com.

About Cognizant Healthcare

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